



ST. MARY'S
ACADEMY TRUST

SMAT Winter Menu November 2024 – March 2025

04/11/24, 18/11/24, 02/12/24, 16/12/24, 13/01/25, 27/01/25, 10/02/25, 03/03/25, 17/03/24, 31/03/24

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Oven Baked Pork Sausage with Yorkshire Pudding	Meat and Potato Pie	Roast Chicken Fillet	Homemade Margherita (Cheese) or Pepperoni Pizza	Fish Stars or Salmon Pattie (in a bun)
Vegetarian Option	Veggie Dumpling Roll	Mac 'n' Cheese	Quorn Fillet	Meatballs in a Homemade Tomato Sauce with Pasta	Southern Style Burger in a Bun
Side Dish	Mashed Potatoes	Homemade Potato Wedges	Mashed Potatoes	Mini Potato Waffles	Chips
Accompaniments	Broccoli Carrots Gravy	Garden or Mushy Peas Sweetcorn Gravy	Cauliflower Carrots Gravy	Rainbow Veg	Baked Beans Coleslaw Tomato Sauce
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Belgium Waffle with Fruit Sauce and Ice Cream	Rice Pudding with Melba Sauce and Mini Ginger Biscuit	Chocolate Sponge Cake and Chocolate Sauce	Carrot Cake or Apple Blondie	Fruit Muffin
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Fruit in Jelly
Filled Jacket Potato	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

Menus may be subject to temporary changes due to product shortages or planned theme menus.

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Southern Style Chicken Goujons	Roast Chicken	Pasta Bolognese	All Day Breakfast Bacon, Sausage, Egg Omelette, ½ Bread Slice)	Fish Fingers
Vegetarian Option	Korma Curry	Shepherdess Pie	Quorn Dippers in a Wrap with Salad (Fajitas)	Veggie Sausage Frittata	Veggie Fingers
Side Dish	Mini Potato Waffles / Rice	Mashed Potatoes	Pasta / Potato Wedges	Hash Brown	Chips Tomato Sauce
Accompaniments	Garden Peas Sweetcorn	Broccoli Carrots Gravy	Green Beans Sweetcorn	Beans or Tomatoes Mushrooms	Garden Peas Carrots
Salad Bar and Bread Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection	Bread Slice Salad Selection
Dessert	Arctic Roll	Fruit Shortcake and Custard	Chocolate Brownie	Homemade Cookie and Fruit Wedge	Iced School Cake
Daily Selection	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Yoghurt	Fresh Fruit Selection Fruit in Jelly
Filled Jacket Potato	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings

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