



ST. MARY'S  
ACADEMY TRUST

## SMAT Summer Menu April – October 2024

08/04/24, 22/04/24, 06/05/24, 20/05/24, 10/06/24, 24/06/24, 08/07/24, 22/07/24, 02/09/24, 16/09/24, 30/09/24, 14/10/24

| WEEK 1                               | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   |
|--------------------------------------|--|--|--|---|--|
| <b>Traditional Meal of the Day</b>   | Battered Chicken Chunks                                | Minced Beef & Potato Pie                               | Roast Chicken Fillet                                   | All Day Breakfast<br>(Bacon Sausage, Egg Omelette, ½ Bread Slice) | Fish Fingers<br>or Salmon Fishcake                     |
| <b>Vegetarian Option</b>             | Southern Style Burger in a Bread Roll                  | Veggie Pasta Bolognese                                 | Quorn Fillet   | Veggie Breakfast  | Mac 'n' Cheese   |
| <b>Side Dish</b>                     | Potato Wedges  | Roast / Mashed Potatoes<br>Crusty Roll                 | Yorkshire Pudding<br>Mashed Potatoes                   | Hash Brown  | Chips<br>Crusty Roll                                   |
| <b>Accompaniments</b>                | Sweetcorn<br>Garden Peas<br><br>Tomato Sauce           | Carrots<br>Garden Peas<br><br>Gravy                    | Cauliflower Florets<br>Broccoli Florets<br><br>Gravy   | Baked Beans<br>Tomatoes   | Carrots<br>Garden Peas<br><br>Tomato Sauce             |
| <b>Salad Bar and Bread Selection</b> | Bread Slice<br>Salad Selection                         | Bread Slice<br>Salad Selection                         | Bread Slice<br>Salad Selection                         | Bread Slice<br>Salad Selection                                    | Bread Slice<br>Salad Selection                         |
| <b>Dessert</b>                       | Decorated Chocolate Muffin                             | Cookie / Rice Crispie Cake                             | Apple Crumble and Custard                              | Arctic Roll   | Chocolate Angel Delight<br>with a Fruit Wedge          |
| <b>Daily Selection</b>               | Fresh Fruit Selection<br>Yoghurt                       | Fresh Fruit Selection<br>Yoghurt                       | Fresh Fruit Selection<br>Yoghurt                       | Fresh Fruit Selection<br>Yoghurt                                  | Fresh Fruit Selection<br>Jelly                         |
| <b>Filled Jacket Potato</b>          | Jacket Potato with a choice<br>of Hot or Cold Fillings | Jacket Potato with a choice of<br>Hot or Cold Fillings | Jacket Potato with a choice<br>of Hot or Cold Fillings | Jacket Potato with a choice<br>of Hot or Cold Fillings            | Jacket Potato with a choice of<br>Hot or Cold Fillings |

All meals are freshly cooked in the school own kitchen, with fresh produce. St Mary's Academy Trust are looking forward to bringing catering back in-House to improve standards, taking control of the meals service to ultimately ensure that pupils are receiving the best food possible during the school day.

Menus may be subject to temporary changes due to product shortages or planned theme menus.

## SMAT Summer Menu April – October 2024

15/04/24, 29/04/24, 13/05/24, 17/06/24, 01/07/24, 15/07/24, 09/09/24, 23/09/24, 07/10/24, 21/10/24

| WEEK 2                               | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|--------------------------------------|---|---|---|---|---|
| <b>Traditional Meal of the Day</b>   | Homemade Margherita Pizza Slice                     | Beef Burger in a Bun                                | Roast of the Day                                    | Oven Baked Sausage                                  | Fish Stars or Salmon Fishcake                       |
| <b>Vegetarian Option</b>             | Meatballs in Tomato Sauce with Pasta Twists         | Katsu Dipper Naanwich                               | Quorn Fillet  | Quorn Sausage                                       | Pasta in Homemade Tomato Sauce                      |
| <b>Side Dish</b>                     | Potato Wedges                                       | Potato Waffles                                      | Stuffing Mashed Potato                              | Yorkshire Pudding Mashed Potato                     | Chips Crusty Roll                                   |
| <b>Accompaniments</b>                | Baked Beans   | Carrots<br>Garden Peas<br>Tomato Sauce              | Broccoli Florets<br>Sweetcorn<br>Gravy              | Cauliflower Cabbage<br>Gravy                        | Garden Peas<br>Carrots<br>Parsley Sauce             |
| <b>Salad Bar and Bread Selection</b> | Bread Slice<br>Salad Selection                      | Bread Slice<br>Salad Selection                      | Bread Slice<br>Salad Selection                      | Bread Slice<br>Salad Selection                      | Bread Slice<br>Salad Selection                      |
| <b>Dessert</b>                       | Waffle & Ice Cream with Fruit Sauce                 | Homemade Fruit Muffin                               | Chocolate Sponge and Chocolate Sauce                | Homemade Fruit Flapjack                             | Shortbread Biscuit / Gingerbread                    |
| <b>Daily Selection</b>               | Fresh Fruit Selection<br>Yoghurt                    | Fresh Fruit Selection<br>Yoghurt                    | Fresh Fruit Selection<br>Yoghurt                    | Fresh Fruit Selection<br>Yoghurt                    | Fresh Fruit Selection<br>Jelly                      |
| <b>Filled Jacket Potato</b>          | Jacket Potato with a choice of Hot or Cold Fillings | Jacket Potato with a choice of Hot or Cold Fillings | Jacket Potato with a choice of Hot or Cold Fillings | Jacket Potato with a choice of Hot or Cold Fillings | Jacket Potato with a choice of Hot or Cold Fillings |

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