

RSJB Weekly

'Learn More, Know More, Be More'



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Friday 21st October 2022

Dear Mums, Dads, and Carers,

Wow! What a first half term it has been after the summer. The weather has definitely turned in the last couple of days, but hopefully we will have some better weather over the next week, so you can all get outside and enjoy some wonderful time together as families. The last few weeks have felt wonderful in school. It has been a pleasure to see how settled and hardworking everyone is. I hope everyone is able to have a restful and enjoyable holiday that is well deserved.

This morning we held our first coffee morning of the year to support Cancer Research and it was wonderful to see so many parents and members of the community coming together in school to support this fantastic charity that is close to many of our hearts. Your kind donations have raised £213.88 which will be used by the charity to continue their fantastic work and is so well deserved. The bun sale will continue after school today at 3.30 pm in the blue shelter near the playground. All donations welcome.

Parent's meetings will take place on Wednesday the 9th of November, the second week back after half term. Letters to be able to sign up for appointments for this will go out the first week back. We hope to see as many of you as possible attending these meetings as it is really important that you are able to discuss your child's/children's learning and progress with their teacher.

We would like to share some messages and reminders:

Vacancy

Are you looking for work around school hours? Are you interested in flexible work? Have you considered working in a school kitchen and dining room? We have roles available both with hours and on a relief basis to suit your current commitments. The role can be demanding but is very rewarding. You will be helping us provide warm, nutritious meals to all children in our schools. If you are interested in this as a career move, we can support you with future progression to Head of Kitchen roles. Contact Lynn Greenfield on 01226 282721 for a discussion about the roles we have available or e-mail Lynn on l.greenfield@smat.org.uk.

Healthy Packed Lunches

Please ensure your child has a tasty, well balance packed lunch to keep them focused and maximise their learning. A healthy balanced diet has been shown to have a positive effect on behaviour and concentration, as well as the many health benefits it can provide. Chocolate, crisps, sweets and other sugary snacks are not acceptable for a child's lunch and will not keep them full for the rest of their school day. Please see the Barnsley Council website for ideas on how to provide your child with a healthy packed lunch.

According to NHS choices a balanced lunchbox should contain:

- Starchy foods like bread, rice, potatoes or pasta.
- Protein foods like meat, fish or eggs.
- A dairy item, like cheese or yogurt.
- Vegetables or salad and a portion of fruit.

Please encourage your child to try a school lunch from the menu below. The lunches can be chosen on a daily basis through ParentPay or your child can order in class. They are free of charge for all our KS1 children (FS2, Y1, Y2) and £2.25 for KS2.

ParentPay

Please remember to register your child on ParentPay via Google if you haven't already done so. ParentPay is used to pay for school lunches, trips, after school clubs and any texts school needs to send containing important information for the following day or week. Please contact the school office if you have any questions or queries regarding ParentPay.

This week's attendance:

<u>Year Group</u>	<u>Attendance %</u>
FS2 (Reception)	91.30
Year 1	84.30
Year 2	90.40
Year 3	95.50
Year 4	87.90
Year 5	96.20
Year 6	91.90

Yours sincerely

L. Spencer

Exec. Headteacher

Diary Dates

Tuesday 8th November – Crucial Crew for Year 6

Thursday 1st December – Christmas Lunch

Wednesday 7th December – Christingle in Church

Friday 9th December – KS1 Christmas Performance (The Magical Story Elves, in school)

Tuesday 13th December – KS2 Pantomime (Dick Whittington, Theatre Royal, Wakefield)

Week 2 - 31/10/2022

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Traditional Meal of the Day	Homemade Pizza Slice	Homemade Meat Pie	Roast of the Day	Oven Baked Pork Sausage	Fish Fingers/Salmon Fish Fingers
Vegetarian Option	Vegetarian Meatballs	Macaroni Cheese	Quorn Fajita	Vegetarian Sausage	Penne Pasta in homemade Tomato Sauce
Side Dish	Oven Baked Wedges, Rice	Roast Potatoes Crusty Bread	Mashed Potato	Yorkshire Pudding Mashed Potato	Chips Crusty Roll
Accompaniments	Baked Beans Coleslaw	Baton Carrots Garden Peas Gravy	Broccoli Sweetcorn Gravy	Cauliflower Savoy Cabbage Gravy	Garden Peas/Mushy Peas Carrots, Side Salad Tomato Sauce
Salad Bar & Bread Selection	Salad Selection Bread Slice	Salad Selection Bread Slice	Salad Selection Bread Slice	Salad Selection Bread Slice	Salad Selection Bread Slice
Dessert	Homemade Fruit Muffin	Fruit Neapolitan Ice Cream	Apple & Banana Cake	Cheese & Homemade Biscuit	Chocolate Sponge & Chocolate Sauce
Daily Selection	Fresh Fruit Selection, Yogurt	Fresh Fruit Selection, Yogurt	Fresh Fruit Selection, Fruity Smoothy	Fresh Fruit Selection, Yogurt	Funky Fruit Fruit in Jelly
Filled Jacket Potato	Jacket Potato with a Choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings	Jacket Potato with a choice of Hot or Cold Fillings

Please discuss this week's menu with your child prior to the day. They can then decide whether they would like to try something from our new menu or bring a packed lunch. This can now be pre-ordered on ParentPay.