

# My child has been told to self-isolate by their school, what do I do next?

If your child has been told to isolate by their school they must stay at home for the full amount of time they've been told to. This means they cannot visit family, or friends, attend after school clubs or leave their home or garden, unless attending a testing appointment, until isolation has ended.

Your child will be isolating from school as they are a contact of another person that has tested positive.

To help stop the spread of the virus, anyone that is a contact of a positive case can now take a PCR COVID-19 test. This means you can book your child an appointment at a local testing centre or order a home testing kit.

Appointments can be booked online at [gov.uk/get-coronavirus-test](https://www.gov.uk/get-coronavirus-test) or by calling 119.

We're encouraging as many families as possible to get their children tested if they're told to isolate, as 1 in 3 people that have COVID-19 don't show symptoms but can still pass on the virus to others. We've all got to work together to help stop the spread of the virus and protect each other and by booking a test you're helping to play your part in this.



It's important to remember that if you do get a PCR test for your child and this comes back negative, they must still continue to isolate for the total amount of time. This is because you can still have the virus, but it might be in the early stages and so wasn't detected on the test.

**Child is told to isolate from school.**

**Parents book child PCR test.**

**PCR test is  
negative**

If the PCR test comes back negative, your child must continue to isolate for the total amount of time provided by the school. All other family member in the household don't need to isolate.

**PCR test is  
positive**

If the PCR test comes back positive, your child must isolate for 10 days from when the test was taken. All household members also need to isolate for 10 days from when the child had taken a test.

We understand this could cause families some disruption to their daily routines, however, it is so important that we can reduce the spread of the virus to our loved ones. There is financial support for people who are on a lower income, can't do their job from home and would lose income as a result of isolation more information can be found at:

[barnsley.gov.uk/covid-19-test-and-trace-support-payment](https://barnsley.gov.uk/covid-19-test-and-trace-support-payment)

**Thank you for working together to keep each other safe, let's keep going!**



**BARNSELY**  
Metropolitan Borough Council